

# R60 RECUMBENT BIKE



## A LOW-IMPACT WAY TO RIDE

Discover an ideal mix of exercise comfort and convenience with the R60. A recumbent design with a walk-through frame makes low-impact workouts accessible to everyone — even older and deconditioned users — and a contoured seat and back pad provide excellent lumbar support and stability.



### BLUETOOTH CONNECTIVITY

Now users can pair their Bluetooth heart rate strap or connect to favorite FTMS-compatible training apps like Kinomap, Zwift and more.

#### FRAME

Model Number	R60-04
Frame Type	Heavy gauge welded steel, step-through recumbent
Pedal Type	Self-balancing with adjustable straps
Seat Type	Pure Comfort seat
Seat Adjustment	28 positions
Resistance System	2-stage generator
Resistance Range	1-25
Handlebar Type	Console and seat-mounted with contact heart rate grips
Extras	Water bottle holder, reading rack

#### TECH SPECS

Assembled Dimensions	161.9 × 72.5 × 138.3 cm / 63.7" × 28.5" × 54.4"
Assembled Weight	70 kg / 154 lbs.
Max User Weight	182 kg / 400 lbs.
Power Requirements	Self-powered

#### CONSOLE

Display	10 × 14 white dot-matrix LED profile display, alphanumeric LEDs, dedicated HR zone display
Programs	Manual, Interval, Fat Burn, Random, Constant Watts, Interval Watts, Hill Watts, Time Goal, Distance Goal, Calories Goal, HR Weight Loss, HR Interval
Workout Feedback	Time, Distance, Calories, Speed, Resistance, Level, RPM, METs, Watts, HR, Target HR, % Max HR, Profile
Heart Rate	Contact, telemetric, Bluetooth
Bluetooth	Yes; Heart rate, FTMS transmits speed and other data to training apps
CSAFE	No
WiFi	No



Specifications subject to change without notice.